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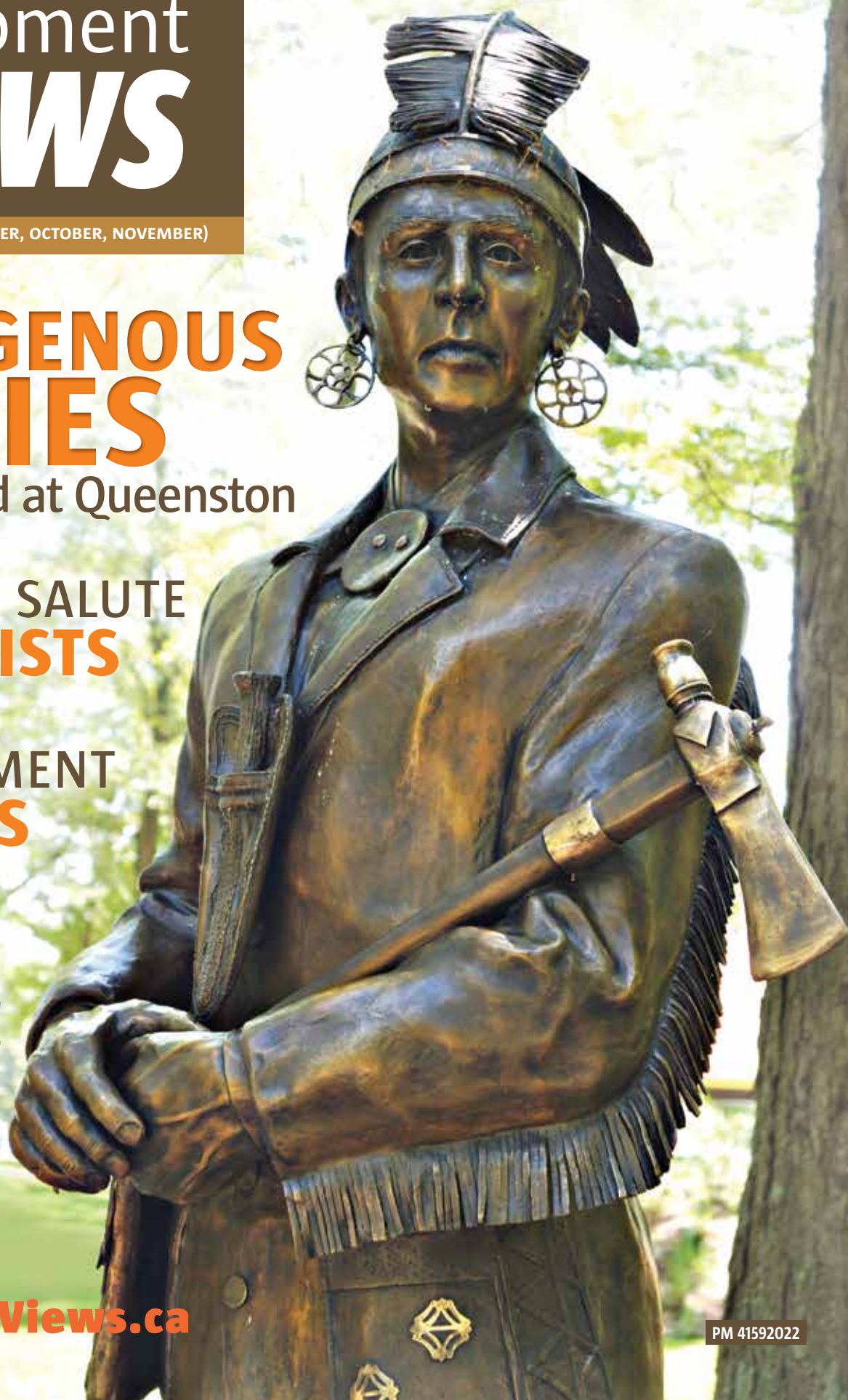
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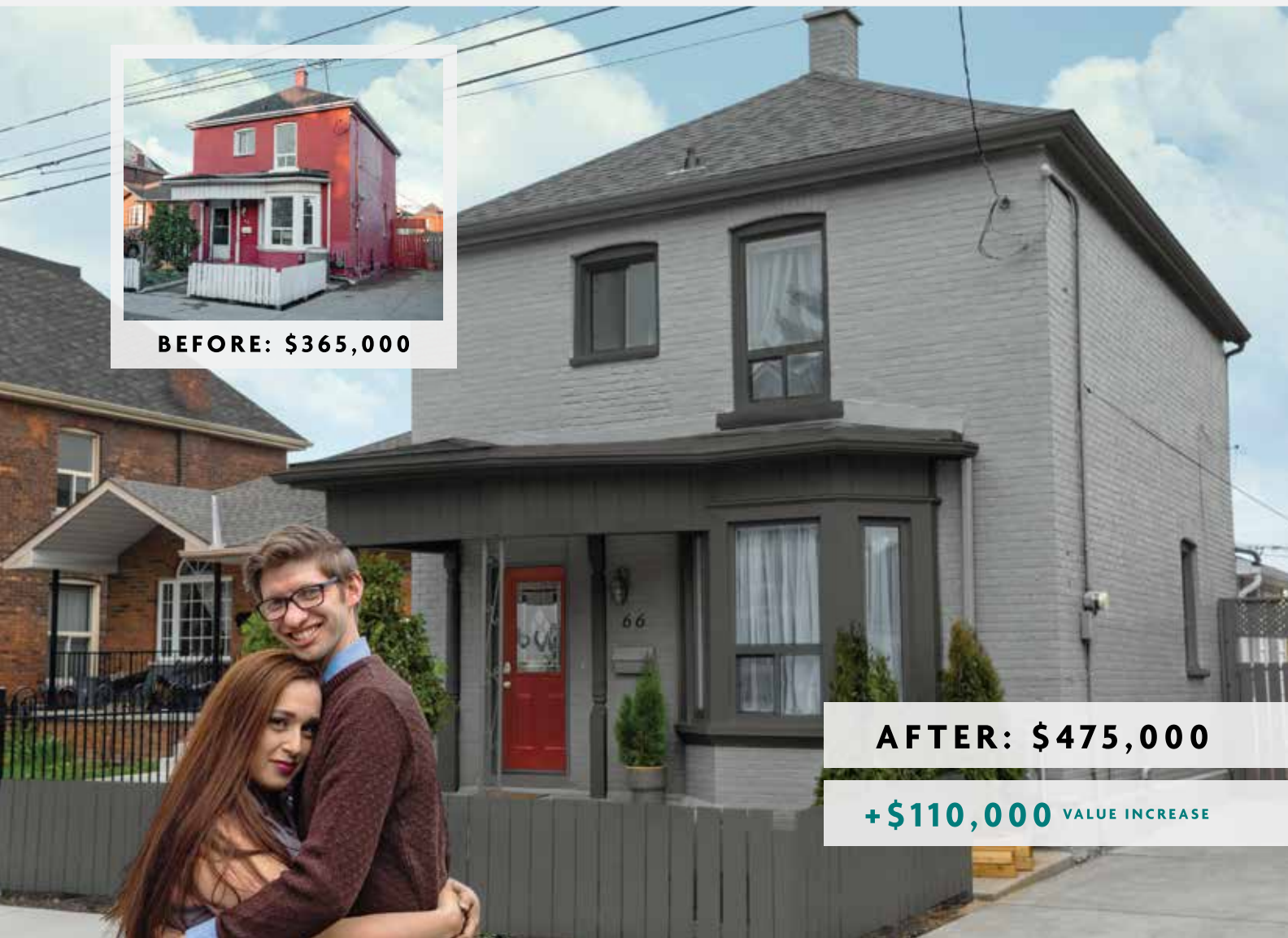
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Niagara Escarpment **Views**



Autumn 2018
(September, October, November)

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AT LANDSCAPE OF NATIONS, QUEENSTON HEIGHTS.
Photo by Mike Davis

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Mike Davis and Gloria Hildebrandt

EDITOR

Gloria Hildebrandt, editor@NEViews.ca

GRAPHIC DESIGN & LAYOUT

Nicholl Spence
nsGraphic Design
www.nsgraphicdesign.com

ADVERTISING/ACCOUNTS MANAGER

Mike Davis, ads@NEViews.ca
905 877 9665

SALES REPRESENTATIVE

Chris Miller

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Halton Award, 2014
to Mike Davis in
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Category

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Nature's Porn

At last I can dare to publish this photo. Mike and I first discovered this mushroom growing on our forest property a few years ago. We had never even heard of such a thing. Needless to say, we couldn't believe our eyes. We showed it to someone else who thought we had put it there to play a joke. It gives off an odour that we find highly unpleasant, but flies adore and dogs find very interesting. Like all fungi, it remained visible for a number of days, then disappeared. I believe a few of these popped up another year, but we haven't seen any more of them over the last few years.

We can publish this photo now thanks to the astonishing feature article by Art Weaver in this issue. His photos of slime moulds and more, are varied and exquisite and he has a Stinkhorn in his collection as well, with a different appearance. We are only able to show a few of his very many impressive photos.

Rosaleen Egan has focused on a much more easily edible product in this issue: apples that grow near the shore of Georgian Bay, and a particular variety that she has just learned about and enjoys.

As always in our Autumn issue, we have a special feature on artists and galleries that are close to the Escarpment. This time we feature works that are available in Oakville, Milton, Owen Sound, Tobermory and Manitoulin Island.

Much as I would have liked to put a Stinkhorn on the cover, I thought that would have made the point of "fungi porn" a little too explicit. Instead, our cover story this issue is about an outdoor experience you can enjoy that merges history with Indigenous culture, and nature



▼ Thomas investigating a Skirted Stinkhorn growing wild.
PHOTO BY MIKE DAVIS.

with serenity. Landscape of Nations at Queenston Heights is definitely worth the visit, in person or just from the comfort of your armchair.

Gloria

Gloria Hildebrandt

P.S. Wild animals need wild spaces.



Let us know what you think!

Write us at editor@NEViews.ca or *Niagara Escarpment Views*, 50 Ann St., Georgetown ON L7G 2V2.



More Online!

Keep in touch with Escarpment news between issues at our website. We have unique content not seen in the magazine, and you can leave comments in response. See www.NEViews.ca.



Niagara Escarpment Views is on Facebook as: www.facebook.com/N.E.Views

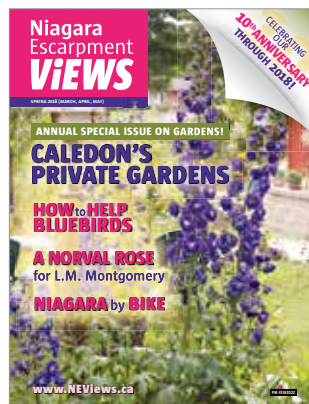


I picked up your issue today at the Apple Factory because of the cover story by Bruce Mackenzie, "Ravens & Crows Explained". It was a great article and proves the power of print media to draw you in. Please extend my appreciation to Bruce for a well-written article, which was an outstanding question, I didn't know I had. I'd like to know about upcoming issues and distribution plans. Thank you and in appreciation,
Jean Nickerson, by email

[Re. "Crows Versus Ravens"]
First of all I must thank you for such a wonderful magazine. It is the only one I read cover to cover (including the great variety of ads). I have never written to a paper or magazine before but this article brought back memories I want to share. As a child I read avidly, always about animals. Under the strict guidance of our local librarian, I was told I could only read the books on two long shelves right beside her desk. Although it was a small library there was a wonderful selection of animal stories. It was here I discovered the stories of Ernest Thompson Seton. Your article reminded me of a story in his book Wild Animals I Have Known,

a collection of short stories. The one I remember is called "Silverspot, the story of a crow." What we are learning now or should I say relearning, for Seton already knew this about 70 years ago, is that crows are indeed very clever animals. Thank you for bringing back this lovely memory. I do believe I will revisit this favourite childhood author.
Gail Thompson, by email

Thanks very much for the photo credit and the pictures you put in. Your publication is one of the best.
Murray Wicks, North York



I was pleasantly surprised to see a page about Creemore in your Spring *Niagara Escarpment Views* magazine... We enjoy your magazine.
Bryan Davies, Creemore

I love receiving your magazine! The articles are thorough and knowledgeable. Thank you for providing such an entertaining and worthwhile edition.
Karen Nickerson, Waterdown

Absolutely love your magazine!
Elaine Crilly, Mildmay



I just read your article in *Niagara Escarpment [Views]* and thought I should tell you about the trail you missed. On the west side of South Baymouth, (Green St.) a couple of people by the name of Bowerman (both in their eighties I think) have spent countless hours over the years, cutting out a series of trails. I believe there are 4 running east-west and 3 or 4 running north south on the grid of the old street survey. They built bridges over the wet areas and steps up over the rock cliffs. I haven't walked the trails for a couple of years but they are truly an amazing bit of work and I feel like someone should recognize this couple before they leave this earth.
Gord Dowdall, by email



My father was inspired by your great articles and photos of the Lucy Maud Montgomery Children's Garden of the Senses. He created this replica bird house wall. It's so delightfully coloured and the birds are loving it too!

Thanks for the great inspiration. Keep up the good work! (and well done Dad, we love it!)

Kym Taal, Halton Hills



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Front garden in spring. The back garden has 400 to 500 tulips
Photo by David Voegeli, Georgetown



Kate Elgie, left, vice president of Architectural Conservancy of Ontario [ACO] and Leslie Thompson, president of ACO, at a July 11 meeting of ACO in Toronto.

Photo by Kathy Gastle



Holly Pike, a Lucy Maud Montgomery (LMM) scholar from Newfoundland, holds the Spring and Summer issues outside Green Gables, PEI, during the June International LMM Conference. Both issues contain features related to LMM written by Rosaleen Egan.

Photo by Kathy Gastle

I just returned from a week's vacation on the Escarpment. Mostly the Bruce Peninsula but other places as well. It was my first time to visit some of the places I read about in Niagara Escarpment Views. It was wonderful exploring such special places!

Nell Rapport,
University Heights, Ohio

helped put us on the map and brought us lots of regulars and seasonal visitors stopping in our area. We may come back to advertise in the future, but for now we have become busy thanks to our name getting out!!!! Thanks NEV!!!

Shawn Ankenmann,
Highland Grounds, Flesherton,
via Facebook

At Highland Grounds we have people come in looking for the magazine and we've had people come in because of the advertising in the magazine. Advertising with Niagara Escarpment Views

Correction

The Wayside Motel of Manitowaning will accommodate guests for one night only, not just for stays of more than five nights.

WE VALUE YOUR VIEWS! Write to: Niagara Escarpment Views

50 Ann St., Georgetown ON L7G 2V2 Email: editor@NEViews.ca

Comment through: www.NEViews.ca OR [www.Facebook.com/N.E.Views](https://www.facebook.com/N.E.Views)



EASY³ RED LENTIL SOUP

Prep Time: 15 minutes
Total Time: 40 minutes
Serves: 4

Ingredients

- 2 tbsp olive oil (30 mL)
- 2 carrots, finely diced
- 1 onion, finely diced
- 3 garlic cloves, minced
- 2 tsp each ground cumin and turmeric (10 mL)
- 1/2 tsp each salt and pepper (2 mL)
- 1/4 tsp ground cayenne (1 mL)
- 1 pkg vegetable broth (900 mL)
- 1 cup red lentils, rinsed (250 mL)
- 1/4 cup finely chopped fresh parsley, plus more for garnish (60 mL)
- 3 tbsp lemon juice (45 mL)

Directions

1. Heat oil in large saucepan over medium heat. Cook carrots, onion and garlic until starting to soften, 3 to 5 minutes. Stir in cumin, turmeric, salt, pepper, and cayenne. Cook 1 minute until fragrant.
2. Stir in broth and lentils; bring to a boil. Reduce heat to medium-low. Cover and cook 20 to 25 minutes until lentils are very tender.
3. Stir in chopped parsley and lemon juice. Divide into bowls. Garnish with additional parsley before serving.

Nutrition

Per serving (1/4 of the recipe)

Calories 270	Carbohydrates 39 g
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Saturated Fat 1 g	Sodium 860 mg
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■ EVENTS ALONG THE ROCK

Photos by Mike Davis except where noted.

▼ Burlington mayor Rick Goldring, fourth from right, was with eight winners of the 2017 Burlington's Best Awards, given out May 9 at Burlington Performing Arts Centre. PHOTO SUBMITTED.



► Mike Foley, left, and Michael Carlucci, past and current members of the board of directors for Wastewise, Georgetown, presented Stephanie De Grandis of Concerned Residents Coalition with a cheque for \$1,000 on May 19 at a fundraising plant sale in Rockwood.



▲ From left, Terri LeLoux, executive director of Credit Valley Conservation Foundation (CVCF), chair Karen Ras and vice-chair Ed Arundell at CVCF's 13th annual Conservation Gala on May 10. The gala raised a record amount of \$300,000 in support of local environmental initiatives. PHOTO SUBMITTED.

► To mark the 10th anniversary of publishing, *Niagara Escarpment Views* co-hosted the Halton Hills Chamber of Commerce Business After Hours event at Andrews Scenic Acres on May 16. Toasting with a selection of Andrews' wines, are from left, co-publishers Mike Davis and Gloria Hildebrandt, and sales representative Chris Miller. PHOTO BY RON STEEL.





◀ The Town of Orangeville's largest tree sculpture, entitled "Nature's Unity," was unveiled in May at a new parkette across from the Orangeville Train Station. From left, artists Jacob and Paul Frenette and Douglas Lingelbach, councillor Don Kidd, developer Mark Crowe, councillor Nick Garisto and mayor Jeremy D Williams. Photo submitted.



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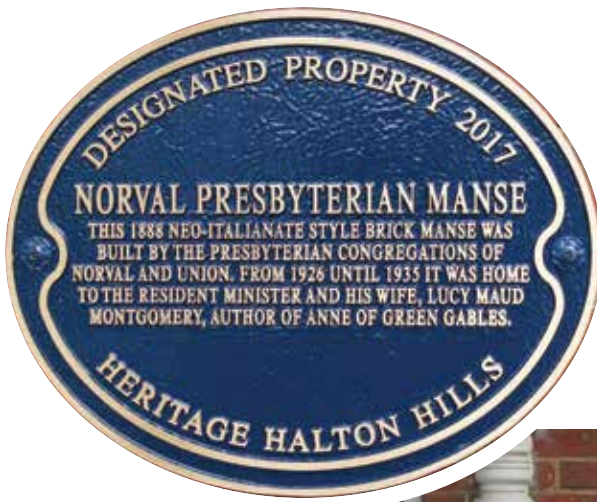
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■ EVENTS ALONG THE ROCK

Photos by Mike Davis except where noted.



◀▶ Two historical plaques marking houses associated with writer Lucy Maud Montgomery when she lived in Norval, were unveiled on June 2. From left, Rick Bonnette, mayor of Halton Hills, with Kathy Gastle, Mark Rowe and Lois Fraser, who were instrumental in gaining heritage designation for these properties.



Artist Doris Treleven created this steel canoe, known as a pollinator canoe, which is filled with pollinator plants. The canoe near the Credit River in McNabb Park, Norval, was acknowledged on June 2 by local Indigenous people in a water ceremony.

EVENTS ALONG THE ROCK

▼ Classics Against Cancer, the car show that is “helping to make cancer a thing of the past,” took place on a sweltering June 17 in Cedarvale Park, Georgetown.



▲ Friends of the Credit Conservation Awards were given out on June 14 to, from left, Aalia Khan for Youth Achievement, Suzanne Leblanc for Outstanding Volunteer, Gregg Reekie for Environmental Awareness, David Choat for Landowner Stewardship, a representative of HL Blachford for Corporate Leadership and representatives of the Fusion Landscape Professional project team for Green Cities.



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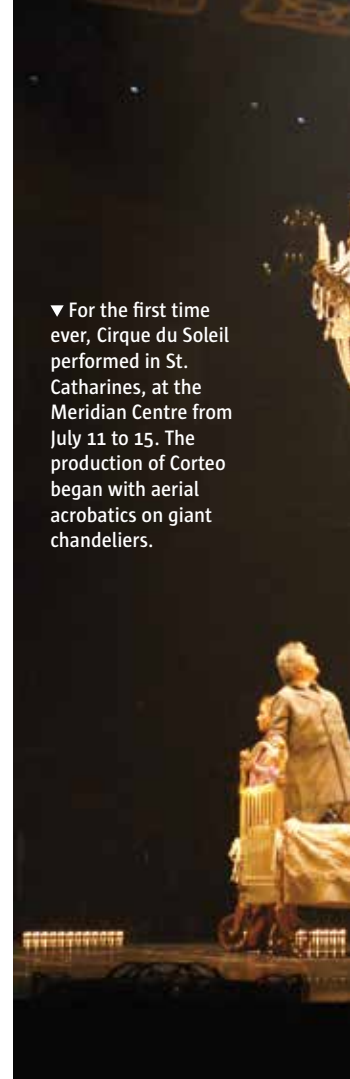
EVENTS ALONG THE ROCK

Photos by Mike Davis except where noted.



▲ On June 17 Escarpment Biosphere Conservancy unveiled new signs at the Cup and Saucer Trail, including this one with the Indigenous name for the special Escarpment land formation.

▼ On July 26, a bronze plaque marking a rare award by the Ontario Stone, Sand and Gravel Association (OSSGA) to Conservation Halton, was unveiled in Kelso Quarry Park in Milton. The award acknowledges excellent rehabilitation of the former limestone quarry. Kim Barrett, senior director with Conservation Halton and Norman Cheesman, executive director of OSSGA, led the unveiling ceremonies.



▼ For the first time ever, Cirque du Soleil performed in St. Catharines, at the Meridian Centre from July 11 to 15. The production of Corteo began with aerial acrobatics on giant chandeliers.





▼ The Art in Action 2018 High School Graduate Fine Arts Scholarship winner is Hannah Doherty from Nelson High School, Burlington. The award in honour of Edward Robin Hoyer was presented by Herschell Thompson, Hoyer's partner. From left, Karen Hartman, principal, Hannah Doherty, Herschell Thompson and Lori Fyfe, visual arts teacher. PHOTO SUBMITTED.



▼ Niagara-on-the-Lake Horticultural Society held its 27th annual tour, of downtown gardens, on July 7.



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A woman with blonde hair, wearing a black V-neck sweater, white jeans, and leopard-print flats, stands in an art gallery. She is pointing her right index finger towards a large, abstract painting on the wall. The painting features bold, expressive brushstrokes in shades of blue, white, and grey, with a small section of yellow-green at the bottom. To her right, another painting is partially visible, showing a pair of sneakers. The gallery has dark walls and a light-colored floor.

ANNUAL SPOTLIGHT ON ARTISTS: **Art For All**

WORDS BY GLORIA HILDEBRANDT
PHOTOS BY MIKE DAVIS EXCEPT WHERE NOTED



Like wine tasting, art appreciation can be intimidating. Niagara Escarpment artists want to take the snobbery out of investing in art.

◀ Kelly McDonagh, artist and co-owner with Susan Hoeltken, of In2Art Gallery in Oakville. Here she stands between “Nocturne in Blue” by Ivo Stoyanov, left, and “Jade in Bloom” by Kaitlin Johnson. The studies of running shoes are Kelly’s own work.



Too often, people worry that when they want to buy art, they'll be ridiculed for not knowing enough: about styles, various media, art history, famous artists. Talk to an artist about art and come across as a dummy? It's better just not to bother.

Buying art need not be alarming. While some people might know tons about influences, allusions, pastiches and other hoity toity aspects of fine art, the truth is that just as in wine tasting, what other people think doesn't matter. What matters is how it appeals to you. Do you like it? Better yet, do you love it?

In2Art Gallery of Oakville was opened and is run by two artists, Kelly McDonagh and Susan Hoeltken, and their focus is guiding people through the art buying process.

"There's no stupid question," says Kelly. "If you like it that's a good place to start. Our best service is we go into people's homes with several pieces of art so they can try them out."

They carry the original work of about 65 artists, all Canadian, primarily from Ontario and Quebec. They offer mainly landscapes, but also figurative and large abstract pieces, in all media: acrylic, encaustic, etchings, oil, mixed media, photography, watercolour. Their prices make it possible for everyone to buy art, as pieces range from \$50 to \$8,000. The largest size of work they have offered has been in the range of 70 square inches.

"We specialize in emerging artists," adds Kelly, "so we always look for new artists." Every year in summer and in the pre-Christmas season, they hold "little art" shows, of smaller works of art costing less than \$350.

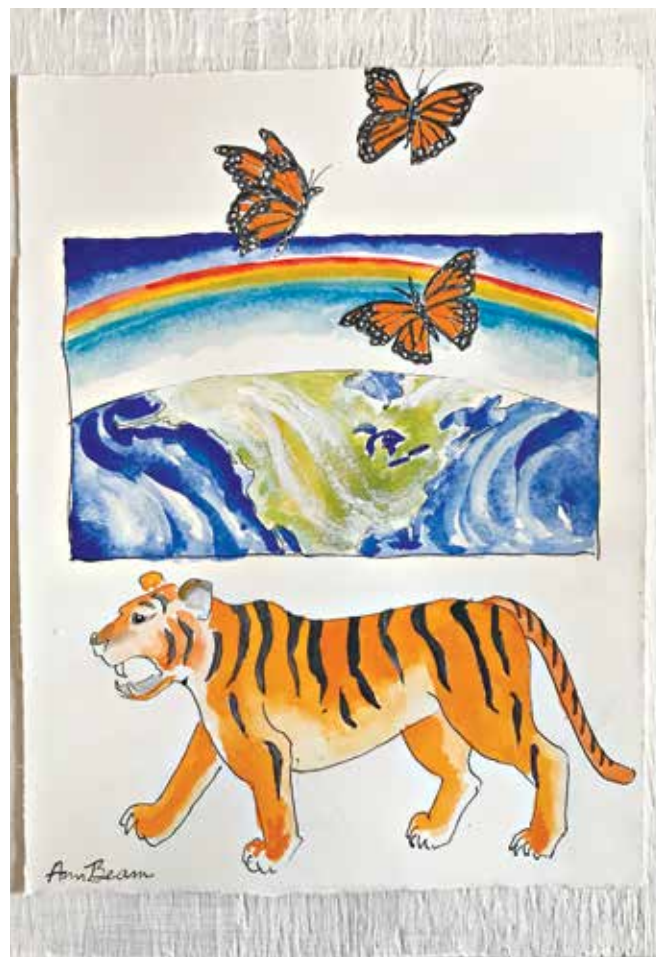
Kelly and Susan remain in contact with their artists about what they're working on, so if people want something for a special place, they may know what will soon be available. They will also arrange for artworks to be commissioned, at no extra charge.

New Work

Ann Beam, who owns Neon Raven Art Gallery in M'Chigeeng on Manitoulin Island, has a new work called "Transitional Shift: from Tiger to Monarchs" with an interesting genesis. She explains it fully in her book *Ann's Amazing Art Life (Part 1)*, which she published this year. She dreamed of welcoming a flock of Monarch Butterflies into her house, but then she followed the Monarchs into a jungle.

"They led me to a Tiger, who was majestically posing a formal picture of himself, calm and in a side profile...kind of like a sculpture. I suddenly had the realization that the Monarchs and the Tiger had a link...They were both made of the same colours!...orange, black and white...Their colours were identical!...They didn't have any other colours." Ann adds that this inspired her to create ceramics and mixed media paintings that placed the Monarchs and tiger together.

"In one of these works," she continues, "there is a Tiger Image (that came from a cardboard box!) with an image of the Earth over his head. There is a rainbow over the Earth...and then there are Monarchs at the top...flying over the Earth and the Rainbow. This was titled 'Transitional Shift'...(from Tiger to Monarch). Then I was inspired to refine this and do even more works with the Tiger, Monarchs, and the Rainbow over the Earth!"



▲ "Transitional Shift: from Tiger to Monarchs" by Ann Beam. Watercolour on paper 12" X 15." PHOTO PROVIDED.

FEATURED GALLERIES

in2art Gallery

350 Lakeshore Rd. East,
Unit 1B, Oakville, 905.582.6739

Neon Raven Art Gallery

53 Corbiere Rd., M'chigeeng,
Manitoulin Island,
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The Gallery Upstairs

3 Mill St., Milton, 905.875.8134

Owen Sound Artists' Co-op

942 Second Ave. East,
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Golden Gallery

Highway 6, Tobermory,
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▲ In2Art Gallery is located at the east end of Oakville's popular Lakeshore Rd. shopping district, to make it possible for people to buy art without having to go to Toronto.



► Art is everywhere at In2Art Gallery and not just on the walls. Canvases are stacked against the walls, in piles and in boxes. There is something for all price points here.



▲ One of several outdoor “rooms” that surround The Gallery Upstairs, full of outdoor art pieces. A good gift shop for unique items, with pieces ranging in price from \$25 to \$4,000.

Ann Beam was extensively featured in “The Power of Artistic Expression” in the Autumn 2015 issue of this magazine. The article can be seen online at www.NEViews.ca under Magazine – Back Issues.

Bateman, Newlove

Prints by Robert Bateman and original works by Tina Newlove take pride of place in The Gallery Upstairs, in Milton, which carries a great deal more art than it seems from the outside. While interior walls are filled with the works of these cherished artists, there are also several outdoor “rooms” that have been created to display sculpture and other kinds of garden art suitable for remaining outside year round.

Although Bateman prints can be bought online, gallery owner Hedi Nowak



▲ Ann Beam works with mixed media, frequently including used corrugated cardboard from boxes, especially with text printed on it. She also creates “window” in her pieces. This piece, “Team Lift 12,” is one in a series of 15 “Team Lift” artworks. Ann describes this one as “3 ft. x 4 ft., acrylic on canvas with recycled cardboard on panel with cedar bark heart window.” PHOTO PROVIDED.





▲ Hedi Nowak, owner of The Gallery Upstairs in Milton, holds a work by Tina Newlove in front of a wall of works by Newlove.



▲ A large selection of Robert Bateman prints for sale is on display inside The Gallery Upstairs.



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▲ Kent Wilkens of Golden Gallery in Tobermory describes one of his Escarpment works in progress: “A nice view from a quiet bay at the tip of the Bruce Peninsula, looking north towards Flowerpot, Middle, and Bears Rump Islands. Complicated water, with the ripple patterns on top, increasing depth, muted rock shapes under the water, and light amplification playing on the rocks from the surface ripples. The water is about half done at this point, with some tidy up still to do on the trees, and some foreground details to deal with as well.” Photo provided.

► Owen Sound Artists’ Co-op member jeweller Naomi Assenheim of Meaford works out of a woodland studio among the rocks and trees of the Niagara Escarpment. She uses gemstones, crystals and fossils and is inspired by natural materials.



emphasizes that in her gallery “You can actually see the Batemans and how they look with different frames.” Hedi also provides custom framing services.

The contemporary realism of Tina Newlove’s works

can be had in all sizes, from the very large to very small pieces, making it possible to own her work on any budget. Hedi bought her first work by Newlove for her own private collection 25 years ago, and she has

been selling Newlove works for about a dozen years.

“I’m always honoured to sell her work because galleries are fighting for her,” says Hedi. As an artist who lives locally, “she’s a treasure for Milton,”

adds Hedi. “And of course Bateman was another treasure for Milton.” **NEV**

Gloria Hildebrandt and Mike Davis are co-founders and co-publishers of Niagara Escarpment Views.



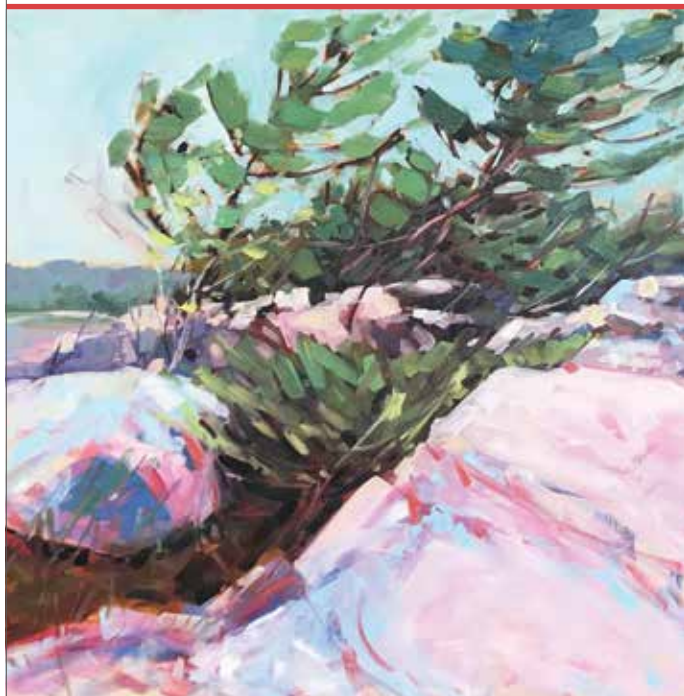
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▲ Kate McLaren lives and creates pottery on the Niagara Escarpment overlooking the Bighead River valley. Her pottery is easily recognized and distinctive for the evolving tree motif, always changing and refining as she explores a wide range of glazes and clay bodies, using different techniques, temperatures and kilns. Her work is available at Owen Sound Artists' Co-op.



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FOR ALL
Seasons

Georgian Bay Fruit Growing Region

BY ROSALEEN EGAN

From heritage McIntosh to newer varieties, through large-scale farms and friendly markets, Ontario apples grown south of Georgian Bay can be consumed fresh year round, or as baked goods, sauce, cider, and juice. Generations of innovative farmers, and the favourable influences of the temperature of the lake water, types of soil, and the Niagara Escarpment influence the success of growing apples. The area produces around 25 per cent of the province's annual apple crop with more than 15 varieties.



▲ Gerbe Botden, orchard manager for Blue Mountain Fruit Company, explains high-density apple growing. Trees are spaced close together to reduce land and pesticide use, and to produce higher yields.

The Ontario Ministry of Agriculture, Food and Rural Affairs (OMAFRA) calls the area the Georgian Bay Fruit Growing Region, identifies it as one of nine areas in the province with climate and soils most suited to fruit production, and notes it as “the most northern apple producing area. The first planting here dates back to 1846... This district consists of three major pockets - Beaver Valley, surrounding the towns of Thornbury and Clarksburg, the Meaford area, and a third area comprising approximately 400 ha just south of Collingwood.

“The major apple-producing areas in Ontario are spread along the shores of Lake Ontario, Lake Erie, Lake Huron and Georgian Bay. These large, deep bodies of water are the main reason that apples are one of Ontario’s biggest and most diverse fruit crops,” continues OMAFRA.

Fruit grows in the Georgian Bay area, according to OMAFRA, “thanks to the deep cool water of the Nottawasaga Bay. The bay temperature changes slowly and moderates the air temperature, reducing chances of late spring or early fall frosts. In addition, the towering Niagara Escarpment creates a protective boundary to the south. These two geographical features create a special climate confined to a small, yet productive, area.”

Micro Climate

Irma Botden, co-owner of Blue Mountain Fruit Company in Thornbury says “The small micro climate has advantages for many varieties, and is not suitable for all. The snow helps to insulate trees, and cooler summertime temperatures prevent sunburn on the apples. If you are too close to the mountain, it’s too cold. The soil changes just km away, so the same variety of apples will ripen a few days apart.”

Ontario’s favourite apple, and Canada’s national apple, the McIntosh Red was an early apple to take root in the area. It was brought there by David Doran, a United Empire Loyalist originally from New York State. In 1837 he received a land grant in Cape Rich, St Vincent Township, now within the Municipality of Meaford. Doran learned of the apple through his sister Hannah, who was married to John McIntosh of Dundas County in Ontario, and was the original propagator of the McIntosh cultivar.

Doran started a McIntosh orchard at Cape Rich. Apples, other than crab

▼ Seasonal workers are essential to the success of the apple industry. Here they are picking Red Prince directly into bins to lessen handling and bruising. The machine replaces ladders and steers itself down the row freeing the workers to pick, passing down a row two to three times each time they pick.



► The Red Prince apple is described as crisp, sweet and tangy. It is great fresh and can be used in recipes and baking. Its red skin is high in antioxidants.





▼ Irma Botden, co-owner of Blue Mountain Fruit Company, sits at the shore of Georgian Bay in the Thornbury harbour, enjoying a Honey Crisp apple, one of several varieties they grow. The water of the bay and the Niagara Escarpment combine to create a micro-climate beneficial to apple growing.



▼ Three carts of freshly picked Red Prince apples, exclusively grown in Canada by Blue Mountain Fruit Company in Thornbury. Red Prince is a natural cross of Golden Delicious and a Red Jonathan apple. Red Prince is picked in the fall and cellared until January to reach peak flavour. It is available in grocery stores from January to summer.

pples are also grown elsewhere along the Escarpment!



Here are some of the other places to buy locally grown apples:

Andrews Scenic Acres, Milton

- Pick-your-own around mid Sept.: Spy, Macintosh and Freedom apples
- Other farms' apples sold in shop from mid September.

"There is absolutely nothing that beats a crisp, delicious apple right off the tree. That freshness is unique and wonderful. We have apples for all types of apple lovers - sweet or tart. We also have a great selection of apple-based products: pies, jams, wines and ciders."

Hildreth Farm Market, Beamsville

- Grow some apples of their own: Mutsu, Golden Delicious, Red Delicious and Paula Red. They are available in Sept

and the beginning of October.

- Also sell apples from Mountainview Orchards who are big apple growers. All kinds of apples are carried in the fall.

The Apple Factory, Brampton

- Sell Early Macintosh, Ginger Gold, Macintosh, Spartan, Cortland, Mutsu, Gala, Golden Gala, Honeycrisp, Spartan.
- Ginger and early Macs are available in August
- All others from mid September through May or June depending on crop yield
- No pick-your-own here
- Sold by the lb and in 6.5 lb bags

-with files from Gloria Hildebrandt-

► Serving customers is a family tradition in the Lambe family. Cailey, shown here at the till, is the granddaughter of the current Grandma Lambe and is the fourth generation to operate a fruit stand in Meaford.

apples, are not native to North America and are usually grafted, not sown from seed. Other farmers began to grow apples, and the industry grew rapidly with 81 ha (200 acres) of orchards in the area by 1861. It kept growing until it suffered a setback in 1942.

As a response to war, the Canadian government expropriated Cape Rich properties, including what once belonged to David Doran, to create what is now Land Forces Central Area Training Centre, Meaford. Apple growing continued around the base with new varieties, new technologies, and new methods of growing introduced.

Descendants of the original David Doran, the Lambe family of Grandma Lambe's Fruit Markets in Meaford and Chatsworth, began with 4 ha (10 acres) of orchard growing McIntosh, Spy and Snow apples. They now grow 15 varieties on 53 ha (130 acres) to sell primarily at their markets, and through Bay Growers in Clarksburg to grocery stores.

The original Grandma Lambe, Mable (nee Doran), started selling apples from her garage in 1942. Her daughter-in-law, Grace, later added baked goods. That eventually led to the building of the now year-round "fruit stand" on Hwy 26. It's seen several expansions

in size and items for sale. A second store in Chatsworth opened, seasonally, in 2006.

Grace, who will be 90 this year, is the current Grandma Lambe and continues to work in the Meaford store with her daughter and granddaughter, Cailey Lambe. Cailey says, "I took over a lot of the business in the past year, doing much of the office work, ordering all of the products, and overseeing the day to day." She and her brother, Blake, carry on the tradition, and contribute fresh ideas.

Blake, a fifth-generation grower, and his father David operate the farm, G.H.Lambe & Son Ltd. New technology and machinery is being used for quality control. When old trees stop producing, they are replaced with high-



▲ A sampling of some of the more than 15 varieties of apples available at Grandma Lambe's Fruit Stand. These are half bushels of Spy, Cortland and McIntosh.



▲ Grandma Lambe's is much more than apples. Its year-round location on Hwy 26 has a range of baked goods, local and Ontario-sourced grocery items, home decor and gift items.

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density orchards, enabling more efficient management and higher yields.

Farmers help each other with new technologies and innovative ways to improve the industry. They share information, and advise one another. Gerbe Botden, Orchard Manager, works with his parents Irma and Marius Botden of Blue Mountain Fruit Company. He is on the board of directors of the not-for-profit Georgian Bay Fruit Growers out of which he and a few others began Young Apple Farmers of Ontario.

Gerbe says, "We help each other because there is so much potential in the Ontario market for fruit. A lot of fruit is still imported."

Recognizing this potential, and excited to live in Canada, Irma and Marius had emigrated from the Netherlands in 2001. They brought with them a new cultivar, Red Prince.

This writer first bought Red Prince in the grocery store on the basis of both its appearance and the fact that it was grown in Ontario. The remarkable

taste and freshness of the apple inspired this story. It is picked in the fall with the others and aged to allow the sweetness to increase, appearing in stores in January. The Botdens own exclusive rights to grow Red Prince in Canada. Cultivars are protected in the same way as intellectual property.

Irma says, "You have all the other varieties first and then Red Prince comes available, so Ontario can buy local apples year round." The versatile apple stays firm and has good taste from January

to the summer. Modern storage allows varieties available in the fall such as Red Delicious, Ida Red, and Empire to be available into July. Early varieties begin mid-August. **NEV**

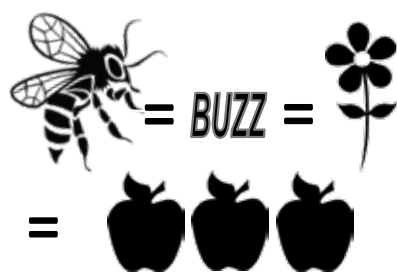
Rosaleen Egan is an independent journalist, photographer and playwright near Alliston. She blogs at rosiewrites.com. Her last feature for Niagara Escarpment Views was "Celebrating Lucy Maud Montgomery's Norval Home," Summer 2018.



▲ Fun photo opportunities at Grandma Lambe's on Hwy 26 near Meaford.



◀ The Georgian Bay Fruit Growing District is one of nine areas in Ontario identified with climate and soils most suited to fruit production by the Ontario Ministry of Agriculture, Food and Rural Affairs. The three major pockets are Beaver Valley, surrounding the towns of Thornbury and Clarksburg, the Meaford area, and approximately 400 ha just south of Collingwood. Map courtesy of Meaford Museum.



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Credit Valley Conservation's Belfountain Conservation Area in September.

PHOTO BY MIKE DAVIS.





Landscape

Words by Gloria Hildebrandt

LANDSCAPE OF NATIONS:

The Six Nations
and Native Allies

Commemorative Memorial

at Queenston Heights is a long-overdue monument to the contribution of Indigenous people in the War of 1812. Unlike a mere statue, this is a large outdoor permanent installation that invites you to explore and move through it, providing plenty of educational opportunities for those who want to learn.

of Peace

Photos by Mike Davis



▲ The Memory Circle is the dramatic centre of the installation with the names of the Six Nations and Native Allies carved into bronze medallions on the surrounding stone “sun rays”.



◀ Bronze sculptures of John Norton, left, and John Brant, by artist Raymond Skye mark the entrance to the memorial landscape.

▼ The longhouse structure with the pattern of the Two Row Wampum Belt running in the path.



You come upon the memorial powerfully, without any introduction. Suddenly, among the trees, you see two sculpted figures in Native clothing, feathers standing up from their headdresses. Their plinths identify the one on the left as John Norton and the one on the right as John Brant. Both were Six Nations war captains at the Battle of Queenston Heights during the War of 1812.

Well known and commemorated is Sir Isaac Brock, the British Major-General who died while leading the Canadian opposition to invading Americans at Queenston



▲ Beside the path, a time marker for the beginning of the War of 1812. Sweetgrass grows densely in the centre of the Memory Circle.



▲ The Tree of Peace, an Eastern White Pine, is planted on top of a tomahawk and marks the exit of the memorial landscape.

Sacred Space

There are actually 11 distinct elements to the memorial, each one rich with meaning. There's a paper brochure and even an on-site bronze plaque explaining each element, but it's more than the sum of its parts.

There's a feeling when experiencing it that's similar to that of being in a large cathedral, house of worship or religious site. You don't need to know what everything means, to sense its importance. It feels like it has deep significance for many people. It's a processional space, a landscape to take a journey in both mind and body. It's a gathering place that you can imagine coming alive with ceremonies for large groups of people.

As you enter the memorial, passing the statues of Norton and Brant, you walk through a representation of a traditional longhouse. Merely a series of arched metal rods, it nevertheless conveys the idea of shelter. Six Nations people called themselves what translates as people of the longhouse.

The stone path underfoot has a pattern of two gray lines running parallel within a light-coloured field. The pattern and colours are similar to the very old and treasured Two Row Wampum Belt which signifies the first treaty between the Six Nations and Europeans. Astonishing to non-Natives, beaded wampum belts can be read aloud, and can take hours to do so.

The largest and most dramatic element of the landscape is the Memory Circle with a patch of sweetgrass growing in the centre, with eight short Escarpment limestone walls placed like rays from the sun fanning out around the edge. Each wall or ray has a medallion on it, two for the many different Native allies and six for the Six Nations: Mohawk, Oneida, Onondaga, Cayuga, Seneca,

Heights in October 1812. The Autumn 2012 issue of this magazine when it was called *Escarpment Views* contains a detailed feature by Chris Mills, entitled "Who Was Sir Isaac Brock?" This article is available at

www.NEViews.ca under Magazine - Back Issues.

Much less known is the role of the many Natives who fought with the British and Canadians. While some people have talked about recognizing their involvement

since the War of 1812 itself, it was not until 2016 that the memorial was built. It was worth the wait, because the entire landscape makes up the commemoration, a contemporary and holistic approach to public art.



▲ One of the eight bronze medallions on the stone rays of the central installation, this one for the Cayuga of Six Nations.



▲ Flanking the sculpture of John Norton are left, Travis Hill, manager of Old Fort Erie and Niagara Parks Commission Indigenous consultant, and Jim Hill, no relation, superintendent of heritage for The Niagara Parks Commission.

Tuscarora, each in the Indigenous language of the nation it represents.

Jim Hill, superintendent of heritage for The Niagara Parks Commission, was showing visitors the memorial when a park staff member passed by and told of something that had recently happened

on National Aboriginal Day, renamed National Indigenous Peoples Day, which is the last Saturday in June. He had noticed two women leaving the memorial with sweetgrass in their hands. He told them they can't pick the grass, but the women explained that they were Indigenous people

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▲ Six Nations war captain in 1812, John Brant. SCULPTURE BY RAYMOND SKYE.



▲ A plaque on a rock shows a map of the memorial plus interpretive details for each element.

and have the right to take it. "Then they thanked me for stopping them," said the staff member, clearly impressed.

The memorial passes earthworks and a berm rich in history and terminates with an Eastern White Pine, called the Tree of Peace, that marks the place where a tomahawk has been buried. While full of references to

Indigenous life, having a memorial at all is unusual.

"Indigenous people don't create monuments, they tell stories to their children," explains Jim.

Friendship

Travis Hill, no relation to Jim, and manager of Old Fort Erie and Niagara Parks Commission Indigenous

consultant, elaborates about the war memorial: "We can't forget the past, we can learn from it. The friendship between the Crown and the Native allies needs to be polished every so often, which means meaningful discussions be made between both parties to flourish the relationship. This memorial stands as a reminder of that relationship.

The memorial can be more about that relationship than commemorating war."

Jim puts it this way: "The memorial was originally intended to tell the story of the War of 1812 but it has taken on more meaning for visitors as a place of peace and reconciliation."

The Landscape of Nations project was co-chaired by



▲ John Norton was also a Six Nations war captain. BY RAYMOND SKYE.

Tim Johnson of Six Nations of the Grand River and Richard Merritt of Niagara-on-the-Lake. It was designed by landscape architect Tom Ridout and Six Nations bronze artist Raymond Skye. Walker Industries is credited with site preservation. It is located on land of the Mississaugas of the Credit, later occupied by Six Nations.

Other than The Gathering on National Indigenous Peoples Day, the best time to experience the memorial is any time at all.

"Come and take it in," says Jim. "Every season has a different feel." **NEV**

Gloria Hildebrandt and Mike Davis are co-founders and co-publishers of this magazine.



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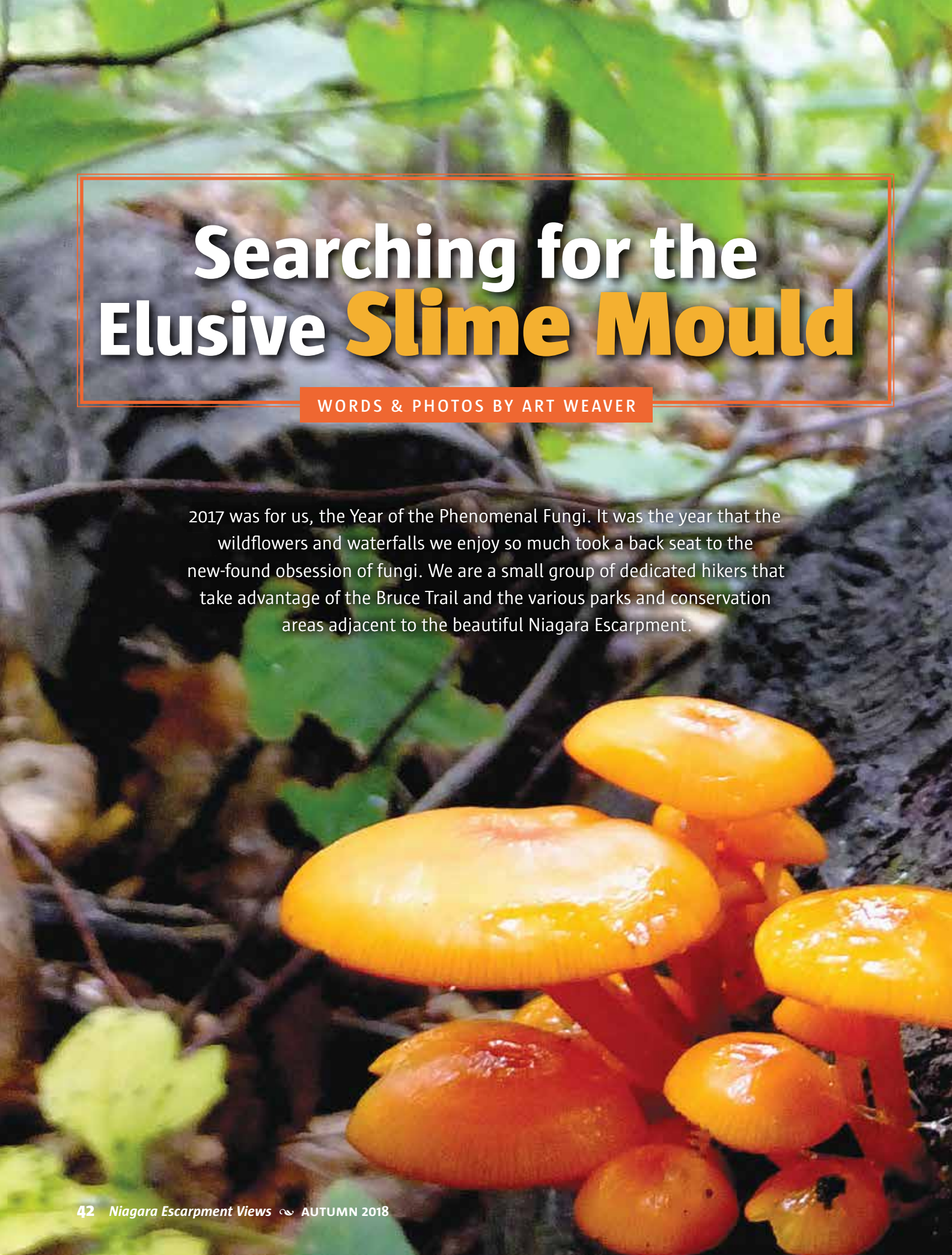
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Searching for the Elusive **Slime Mould**

WORDS & PHOTOS BY ART WEAVER

2017 was for us, the Year of the Phenomenal Fungi. It was the year that the wildflowers and waterfalls we enjoy so much took a back seat to the new-found obsession of fungi. We are a small group of dedicated hikers that take advantage of the Bruce Trail and the various parks and conservation areas adjacent to the beautiful Niagara Escarpment.



▲ *Mycena leai*, Orange Mycena, are small dainty mushrooms that are obviously tasty to slugs.



▲ *Hydnellum peckii*, Bleeding Tooth Fungus, may look like its name, but “tooth” refers to the tiny spikes on the underside.



▼ *Exidia glandulosa*, Black Witches Butter, looks like a glob of tar, making it easy to overlook.

We’ve always been hyper-interested in the scenic beauty and the flora and fauna making up the natural areas of the Niagara Region. We take hiking seriously staying out up to three hours regardless of the weather. Unlike some groups that forge ahead without break, we don’t hesitate to

stop and examine delicate flowers or a breathtaking waterfall. Our group is made up of the Weaver clan, myself, wife Kerry, sister Priscilla and two dedicated friends, Bart and Jagg.

We’ve always found mushrooms and fungi fascinating and would stop to examine the occasional bright orange mushroom with

white scales, delicate pear-shaped puffballs scattered along a mossy log or rainbow-coloured fungus carpeting a stump. Collectively, we would call all of these unique plants “fungi”. Being the designated group photographer, I would take a picture or two of each just for the records, the same as I would Virginia Bluebells or any other natural beauty.

2017 was a record year for rainfall in Niagara as it rained consistently through the spring, summer and fall. This produced ideal conditions for spectacular waterfalls, fabulous flowers and fungi. That ultimately made 2017 an incredible year for mushrooms, fungi, slime moulds and all of their Saprophyte relatives.



▲ *Cantharellus cibarius*, Chanterelle Mushroom, is called the Angus beef of mushrooms and is very edible.



▼ *Dacrymyces palmatus*, Orange Jelly Fungus, is not very big but easy to spot because of its fluorescent orange colour.

Saprophytes, unlike regular plants, are organisms that do not require chlorophyll and obtain their nutrients directly from dead or decaying organic matter.

As the year unfolded, we became increasingly aware of the proliferation of fungi everywhere we hiked. Their attraction drew us further and further off trail following

large families of brilliant yellow Chanterelles or large bracketed fungus looking very much like Disney characters. As we looked closer at the fungi and the surrounding environment we began noticing two things, up close each fungus held incredible little secrets that required the use of a macro camera setting to expose them and

second, they were not alone. We were following the obvious fungi but there were many tiny and delicate members of this huge family such as the *Mycena* or *Coprinus* genus that we would normally miss if we stuck to the trail. This led us to ultimately discover the hidden worlds of coral, toothed and jelly fungi and of course the elusive slime

moulds. The smaller they were, the more interesting they became. We found ourselves searching tree crevices, in the shadows of decaying logs and under forest clutter to uncover the next little gem. Some of them were beautiful in their own creepy way while others looked so alien, we hesitated to touch them lest we become pod people.



▲ *Phyllotus porrigens*, Angel's Wings, can cover a log by the dozens.

Incredible Variety

We were totally hooked. With descriptive common names like Bleeding Tooth Fungus, Black Witches Butter, Angel's Wings or our favourite Dog Stinkhorn, how could they not be interesting? At first, we had no idea what we were looking at and started inventing our own naming system based on colours, shapes and unique details such as "snow flake fungus" or "pizza top".

We purchased a couple of

mushroom books and used professor Google liberally to help us but soon realized that one or two photos were not enough to nail down an identity. The variety that can occur within each species is incredible. Strong variations occur from one general location to another and even within each location. Location parameters might include exposure to sun versus shade, food sources, moisture and even wind

exposure. Influences specific to a site might include pests, human traffic or adjacent plants and objects that could restrict growth or cause malformations.

We also quickly realized that the main problem facing pretty much every fungus is slugs. It became difficult to take a clean picture of any fungi without either a slug or two photo-bombing the picture or the fungi showing evidence of their





▼ *Tubifera ferruginosa*, Red Raspberry Slime, is very short lived.



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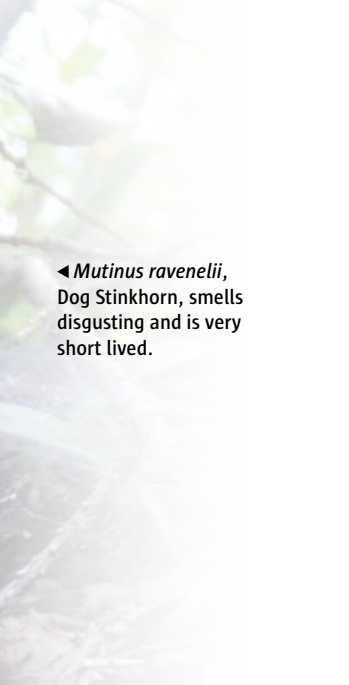
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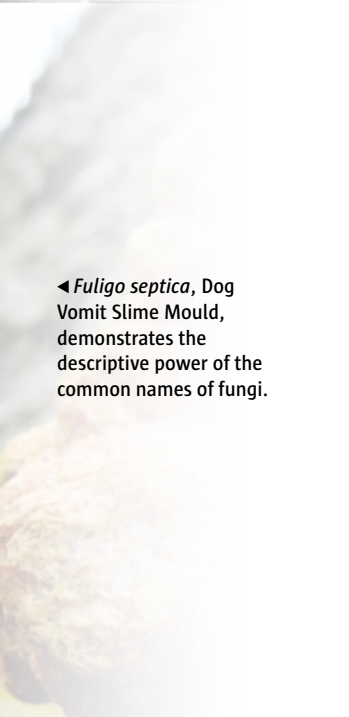



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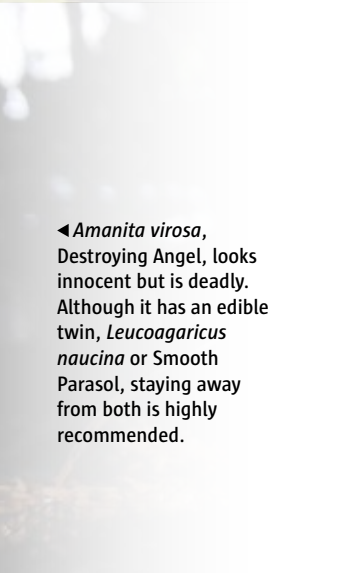




◀ *Mutinus ravenelii*, Dog Stinkhorn, smells disgusting and is very short lived.



◀ *Fuligo septica*, Dog Vomit Slime Mould, demonstrates the descriptive power of the common names of fungi.



◀ *Amanita virosa*, Destroying Angel, looks innocent but is deadly. Although it has an edible twin, *Leucoagaricus naucina* or Smooth Parasol, staying away from both is highly recommended.

voracious appetite with chunks missing. Often we were able to narrow identification down to only the genus and not a species or subspecies.

Capturing the beauty or *sui generis* of each fungus presented a number of challenges. I used a Fuji point-and-shoot camera due to its quality versus compactness while hiking but had to understand its limits. Sometimes a subject's unique personality was obvious but other times it required study. Once established, angle and proximity were the next questions to consider. Establishing these parameters I then had to determine if I could actually get in position for "the shot". If so, would I have enough light or was the background complementary?

The majority of the time I found myself on the ground, even lying down. I was secretly improving my conditioning by adding 500 squats to a 10-km hike. Kerry and Priscilla were the spotters, yelling "over here", "no, look at this" and they kept me hopping as I would try to record them all. We also learned that we had a narrow window of opportunity because fungi have a very short life span. You could return the next day to find a small pile of brown goo.

Caution

We tried our best to respect these denizens of the forest floor and tread very carefully. We would not pick them or dissect them and were far too apprehensive to ever eat them. We know of certain species that are totally edible such as the Chanterelles but they are so beautiful in their environment we wouldn't. We won't even expose their location to anyone for fear others may not share our reverence.

Adversely, last summer, we discovered a perfectly formed white mushroom under one of our Spruce trees. Its simple beauty was inviting so we did a little research uncovering its name as "Destroying Angel", one of the most poisonous mushrooms in Ontario. I wouldn't even touch it and it goes to show just how easy it is to make a deadly mistake with these beauties. **NEV**

Art Weaver has a background in landscape architecture and trail running. Now he hikes twice a week with his wife and sister through Niagara to Hamilton. They always make time to enjoy natural beauty like fungi.



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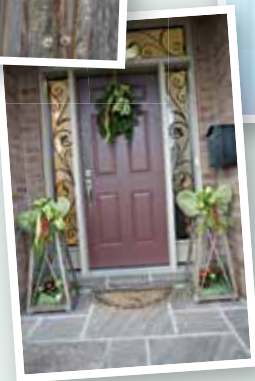
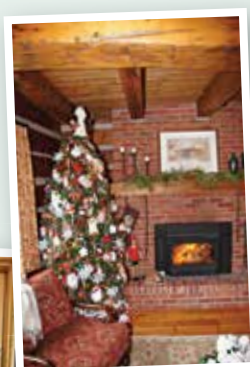
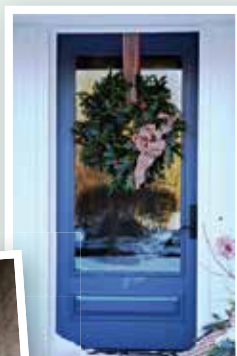
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▲ Grand Oak Culinary Market of Vineland held an Escarpment-themed dinner last autumn. The actual Niagara Escarpment is visible in the distance. PHOTO BY MIKE DAVIS.

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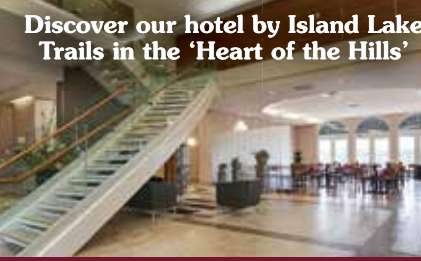
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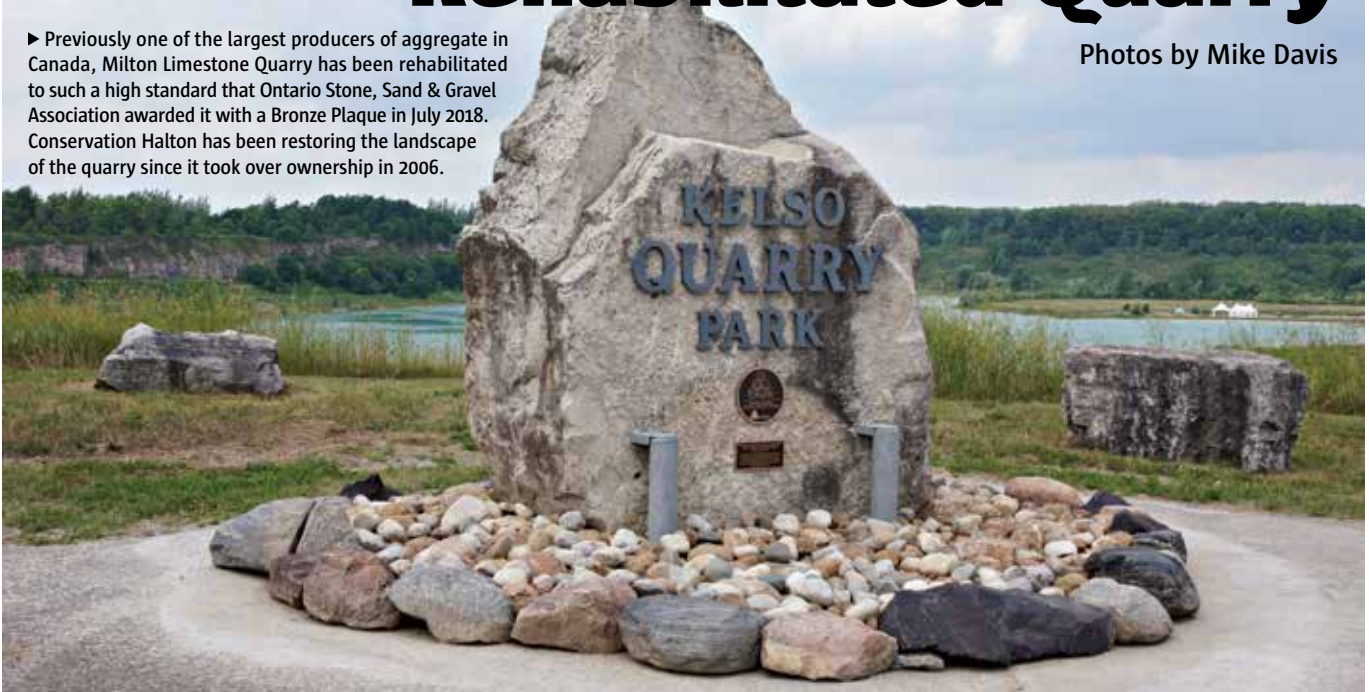
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Photos by Mike Davis



◀ The new Kelso Quarry Park includes a section of the protected Niagara Escarpment cliff face, and an old-growth forest of 1,000-year-old cedars.



PRESENTED TO CONSERVATION HALTON TO ACKNOWLEDGE THEIR CONTRIBUTION, IN PARTNERSHIP WITH THE TOWN OF MILTON, TO THE REHABILITATION OF KELSO QUARRY PARK.

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▲ New wetlands have been nurtured to provide habitat for fish, although invasive phragmites are already taking hold with long rhizomes running across the shore to the water.

◀ Part of the Bronze Plaque award to Kelso Quarry Park.

Benefits from Nature

By Bob Barnett

Willisville Mountain is within grasping distance. Just a bit more money and Escarpment Biosphere Conservancy (EBC) will own and protect a piece of Ontario's 3.5 billion-year-old heritage.

Florence Williams' book, *The Nature Fix*, attempts to set out why such protection is important in terms people understand. For me it was an emotional experience hiking to the top and seeing that vast expanse from mountain to mountain, the lakes and the North Channel. But why was it emotional? Williams explains that nature helps our brain to cope with life. It takes us away from life's interruptions and allows the more primitive parts of our brain to see the big picture, to get creative, to feel calmness, to see patterns and sense resonances like Beethoven did when he created his greatest works while walking in nature. Darwin's daily walks in the countryside allowed him to sort through masses of data and come up with a simple concept.

I'm not one easily persuaded to the mystical or supernatural. Williams has presented chapter after chapter of completed scientific studies. These studies take us from Japan to Korea through the USA and to Toronto where these studies have been performed, questioned, tested again and confirmed. In Japan and Korea nature visits are part of the cure and prescribed by doctors. The smell of pine trees lowers blood pressure. The sound of birds makes one healthier. The image of nature has been demonstrated to be soothing. It seems to follow our genetic roots and somehow reassures us.

Compelling Evidence

Some simple studies are now a half-century old. Patients recover faster if they can see a tree. Kids learn better if nature is in view. Convicts are less violent if they can see green things and there is less vandalism in housing projects with green space. Now we are moving on to more and more complex studies and more and more compelling evidence that nature makes a big difference.

protect the plants and animals. But I know that if people don't experience the same feelings I felt, they won't help us share nature with others.

Help Us

We now have reserves in many communities. Come and visit them, then help us get your community involved. Outdoor Adventures, an Owen Sound service club, built a trail on EBC land near Springmount, right

Your community can benefit from each oasis of nature. We need help building trails, checking on the properties while you and your kids or friends get a day in nature. The more you get to know the properties the more you'll appreciate them. Many have rare species in residence. Let us know what you've seen. Take a good photo and we'll consider publishing it in our newsletter. I dare you to visit



New trail near Rockford built by Outdoor Adventures of Owen Sound. PHOTO PROVIDED.

Creativity is improved in natural environments. This preventative medicine isn't just something that's good for society at large.

I can personally attest that it brought our family together when our kids were between six and 10. We hiked the whole Bruce Trail, sat on the cliffs, climbed a few trees, watched skunks and raccoons, looked at plants up close, slogged through mud and got wet and cold a few times. That experience changed not only my life and my outlook on life, but those of my family and many around us.

I'm asked, "Should we open our nature reserves for visits by people?" I'd prefer to

beside Springer Creek. You or your club or group can build trail or monitor an EBC reserve. Get the kids out into nature, walk beside a stream, watch the birds, study the flowers. Your anxiety will melt away, your kids will talk to you about important things. Help us build trails and your community. Help us protect nature.

We own 114 reserves in communities from the Escarpment right over to Lake Huron. If you live in Rockwood, Caledon East, Orangeville, Creemore, Hanover, Paisley, Port Elgin, Wiarton, Tobermory, South Baymouth, Gore Bay or communities in between we offer you a walk in the woods.

all 114 reserves. Send us a list of those you've walked on.

Nature reserves are "preventative" medicine. Our society pours money into trauma care and despite the math, leaves low-cost care of our communities underfunded.

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Words & photo
by Gloria Hildebrandt

There is so much I could and should do on my property that sometimes I get stressed out and crabby. Each job ends up being way more complicated and time consuming than it seems it should be. My father always said this. A tool I need is in the barn, not the garden shed near the house. The wheelbarrow I want to use is full of good soil that I want to add to the herb garden beds, but first they need to be weeded. I run out of gas mowing a path at the back of the property because I forgot to check the gas tank before I headed out, and I have to walk all the way back to the garden shed for the gas canister, and carry it back to the lawn tractor. If the canister is empty, I have to drive to the gas station. If the nearby gas station ever goes out of business, I'll have to drive to a nearby town, which means I might as well do some grocery shopping while I'm there. This is how simple tasks can get balled up and backed up to the point that it's easier to sit on the verandah with a book.

Last night I had an urge to cut some grass at the front of the house, not a whole cutting of all the lawns, because after a recent drought the grass wasn't long enough to need it, but the edges of the driveway and along the ditch in front of the property were looking unkept and scruffy. Although it was getting late and TV watching was beckoning, I kept the dogs inside and hopped on the tractor mower. I mowed the edges and ended up going all along the front

of my whole property, giving it a trim that conveys that the land is cared for with some pride. It didn't take much time but it made a big difference.

Today I may take the mower to the main path near the swamp where the grass is growing tall. I'll make sure the gas tank is full, and put the empty canister near the car so I can refill it next time I go to town.

But there are some huge evergreen trees on that main path near the swamp, with their lower branches growing so long that there's little room left for walking. I've been thinking that I should trim off some lower branches so we can walk underneath them.

Nothing Is Easy

I'll get the battery-powered chainsaw, only I'm not sure the battery is fully charged. And it's in the barn near the wood-cutting area, not the garden shed near the house, so I'll have to walk

to the barn to check the battery, and maybe charge it inside the house first, because the barn only has a bit of electricity for lights, generated by solar panels.

If the battery's charged enough to use, I should take the tractor wagon, not the mower, so I can put the cut evergreen branches in the wagon and get them away from there. So I'll have to do that first, before coming back for the mower. See how things become a complex chain of chores?

Another example: I walked to the place where Mike had cut down a Buckthorn tree, intending to put the branches on the brush border. Then I saw that there were a lot of short branches to move and it would be quicker and easier to move them in the tractor-wagon. Back I walked to the barn to get the tractor. Prudently, I checked the gas tank first, and decided to fill it up to be safe. The gas

canister was in the garden shed near the house. I got the canister, carried it to the barn and filled the tractor gas tank. Then I drove the tractor past the shed, only then realizing that I could have saved myself the walk with the gas canister by driving the tractor to the shed. I drove to the woodpile at the side of the house to get the wagon, and then saw that the wagon was full of cut firewood that needed to be stacked. So I had to stack the firewood before I could drive the wagon to the cut Buckthorn branches and move them to the brush border.

It's enough to drive you to drink.

Nothing is easy, everything takes longer than you think it will, and you often can't do what you intend because other things have to be done first.

Gloria Hildebrandt is co-founder, co-publisher and editor of this magazine.

▼ Wagon full of firewood.



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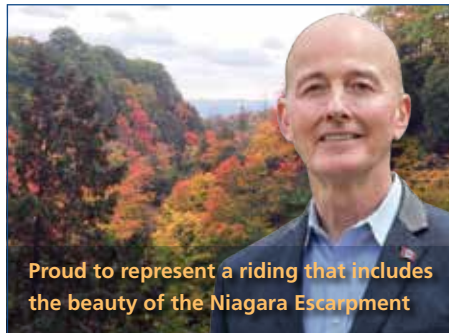
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**AUG. 25
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Rockton World's Fair**
rocktonworldsfair.com
519.647.2502

**OCT. 13 & 14
Hops and Harvest Festival**
Kelso Conservation Area
fallintonature.ca

**OCT. 19 & 20
The Wearable Art Show**
Oakville
thewearableartshow.com

**OCT. 22
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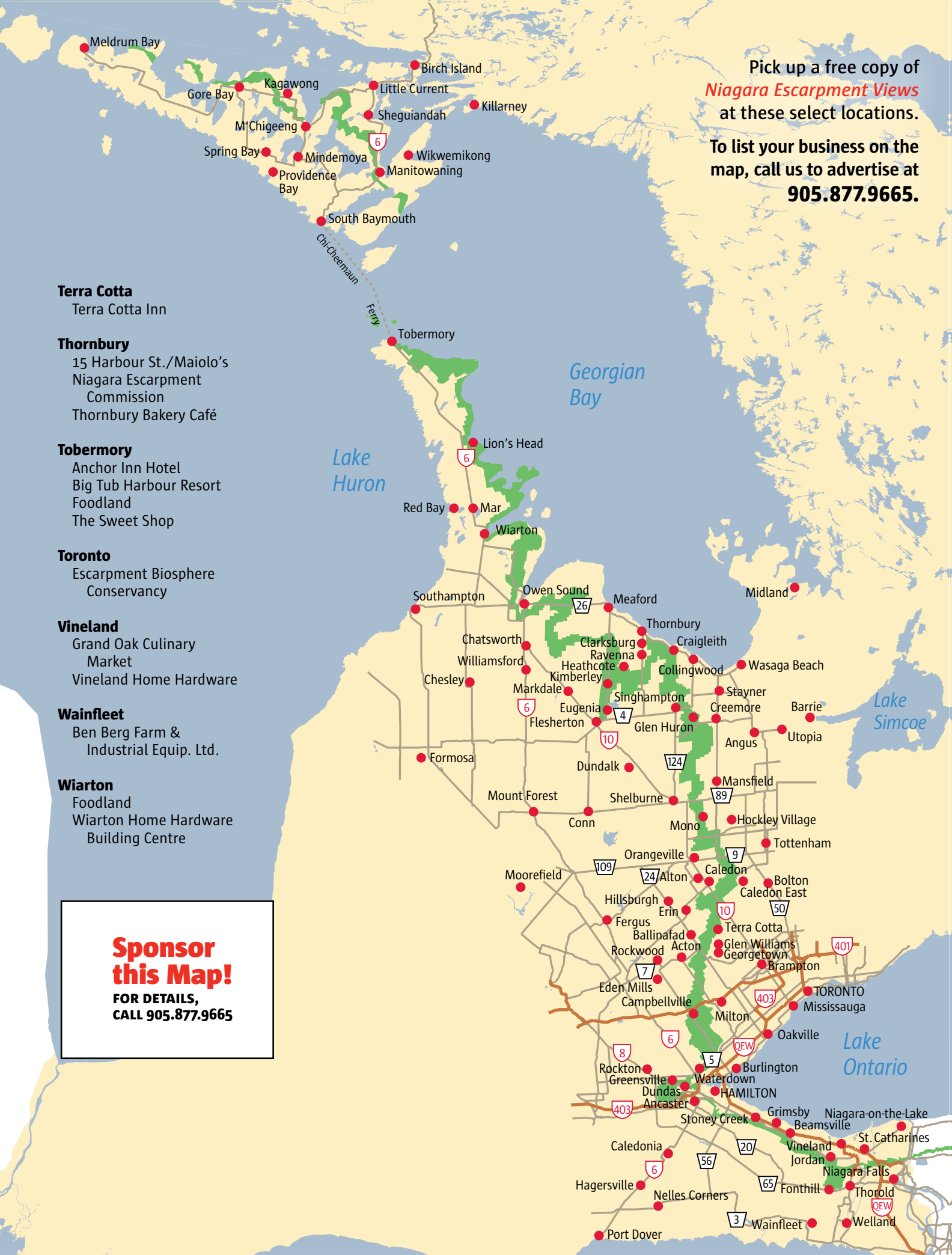
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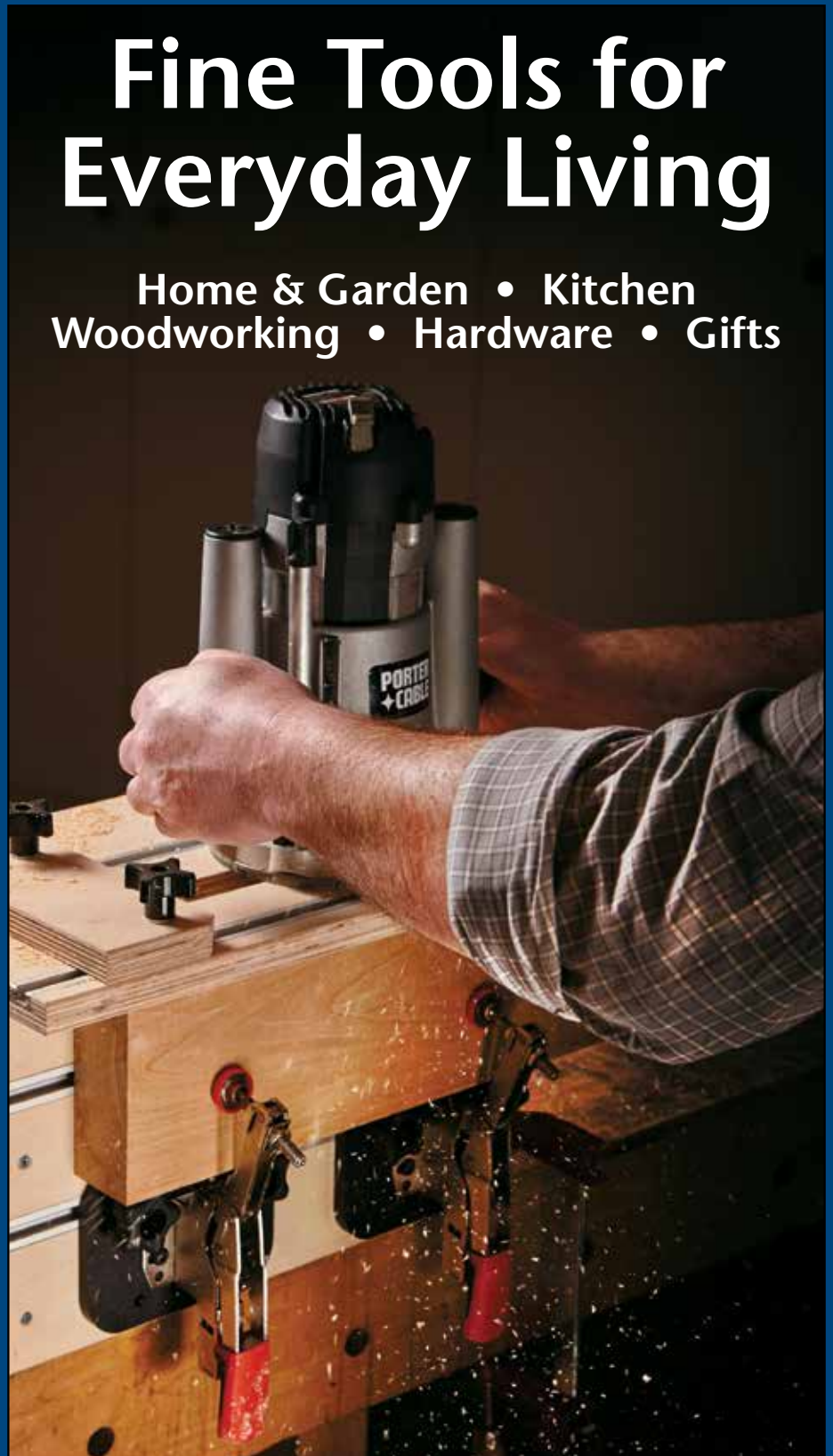
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